

**A STUDY OF SOCIAL AND PERSONAL COMPATIBILITY OF FOOTBALL COACHES IN BASRA GOVERNORATE**

Amer Abbas Essa\*, Mazin Ali Lazim

College of Physical Education and Sports Sciences, University of Basrah, Iraq

**Abstract**

Concept of social and personal consensus has a great importance in psychology and mental health because of its effective role in natural functioning of life of individuals and groups in any humanitarian society. Various life in ways of value and effectiveness for society in which we live is considered a high degree of personal and social compatibility. There is no doubt that individual agrees with environment depends on how to satisfy his needs and on type of different obligations imposed by his environment, and if his needs are satisfied with a balanced and standing manner on a sound basis, a person who is often devoid of one of types extreme deviations is represented in acceptance of individual and its real understanding and his ability to do so on Achieving gravity of its biological, psychological, social needs and reducing tensions and anxiety in a way that is satisfied with society and pushes it to more work and productivity through existence of a positive relationship between individual and environment surrounding him so that he has ability to control emotions and change behavior in order to satisfy individual from himself and trust in it and feel personal security And social and its sense of its value. Researchers used descriptive approach, a simple random sample. Sample included (24) coaches that were divided into two equal groups in number, where number of each group reached (12) trainers for junior category, and number of (12) coaches for youth category was most important recommendations.

1. Necessity of Guidance attention to personal consensus of coaches in sports community for its importance and its educational repercussions.
2. Attention to preparing indicative programs that may help enhance interaction and personal and social integration of age groups.

**Introduction and importance**

Human cities have an important role in construction of civilization of society, as community is strangled by construction of people who are able to achieve success and progress of community in general, and for selves in particular, which requires provision of integrated pastors to individual in all aspects of his personality. Full, physically and mentally And emotionally, socially and linguistically, and this is what is not doubtful about it, reflects in pods of individual, what can be possible from proper interaction, and achievement of success is academic and professional, and fulfillment of psychological and social adaptation and football coach is a role model for players and his actions and coach bears A great responsibility that entity of many members of

Manuscrito recibido: 05/10/2023

Manuscrito aceptado: 19/10/2023

\*Corresponding Author: Amer Abbas Essa, College of Physical Education and Sports Sciences, University of Basrah, Iraq

Correo-e: amer.essa@uobasrah.edu.iq

society depends on, and concept of personal and social compatibility has great importance in psychology because of its effective role in natural functioning of individuals and groups in any humanitarian society. Understanding human behavior requires attention to individual and environment together, and that agreement we are looking for is that human being modified its behavior so that it is compatible with external conditions and compatibility includes several aspects of m in personal, psychological and social aspects, occupying personal compatibility is a large part of educational studies and research of importance of compatibility of human life, compatibility, where at personal or social level, has its importance in order for a person to achieve his personal and physiological balance, for consensus begins with existence of a specific desire or need that a person seeks to satisfy, and by achieving this gratification, person will achieve consensus that he seeks, and for person to achieve personal consensus, re is a group

Among strategies that he can use and resort to when needed, and se strategies may be negative or positive, but y remains a strategy that a person takes to achieve compatibility. A person grows through interaction of genetic forces and environmental forces as well as formations of psychological system, and arrival cannot be understood unless we understand variables related to man and environment, so consensus is final proceeding of individual interaction with environment and re is no environment from non -individuals or individuals without an environment and indicates (Al -Handawi & Al -Zaghoul : 2002) Until emotional and social reporting is a distance, which is reflected in an important way in knowledge performance, processes of thought and positive behavior in development of ability to adapt and success. And compatibility is a continuous dynamic process that a person aims to change his behavior, to cause a more compatible relationship between him and environment and this relationship is determined since early years of child's life and environment surrounding him is an important factor in shaping his trends and inclinations and his view of life, so emergence of people who are not compatible in a specific group A stone may be found in front of reaching goals he sings and that personality capable of disposing of various situations of life in ways of value and effectiveness for society in which we live is considered a high degree of personal and social compatibility

Importance of study can be clarified in general, as follows:

1. Importance of this research by highlighting some aspects of personal and social compatibility of football coaches for junior teams.

2. This research provides a degree of information that enhances understanding of reasons affecting personal and social compatibility of football coaches for junior teams.

3. Lack of studies in this topic, which deals with personal and social success of football coaches for junior teams.

**Research problem:**

Coach in football plays primary role in educational and educational training process and that it is very close to players and its impact on m and behaviors, and many psychological and social studies have emphasized need for trainers to enjoy some qualities in order for desired achievement of training and educational process, including good health, emotional stability and good appearance ability to lead and ability to behave properly in face of some problems and equity in spirit of fun and positive participation in understanding problems of players and working to find appropriate solutions for m. From here it is clear importance of studying problem of personal and social compatibility of football coaches for junior category because of its importance in forming ir educational personality, which depends on family upbringing and personal, health, emotional and economic conditions and methods of preparing m.

**Research aim:**

1. Learn about identifying personal, social, health and emotional compatibility of football coaches for junior and youth category.

**Research objective:**

There are statistically significant differences between football coaches for junior and youth category in compatibility Personal, social, health and emotional.

**Research fields:**

Human field: research was limited to football coaches for junior and youth categories.

Time field: For sports season 2021/2022.

Spatial field: Clubs of governorates of southern region (Basrah , Dhi Qar , Maysan, Al -Muthanna).

**Terminology**

**Compatibility:**

Individual's balance with himself or his harmony with himself in sense of his ability to confront and resolve conflicts that arise from him and exposed to him from frustrations, extent of his liberation from tension and anxiety caused by it, and his success in reconciling his motives and his various tendencies, harmony with individual with circumstances of his material and social environment in general including or people, relationships, elements, fields, topics and events "(Al-Qaryati: 2003).

**Personal compatibility:**

It is represented in acceptance of individual for himself and its real understanding and his ability to achieve satisfaction of his biological, psychological, social needs and reducing tensions and anxiety in a way that is satisfied with society and pushes him to more work and productivity through existence of a positive relationship between individual and environment surrounding him so that he has ability to control emotions and change behavior With aim of individual's satisfaction with himself, his confidence in it, his feeling of personal and social security and his sense of his value.

**Social compatibility:**

It means individual's satisfaction, his understanding of himself and his capabilities, and establishment of successful social relationships with others inside and outside family, by adhering to standards, values and ethics of society. It is also represented in social participation through courtesy of friends and a sense of happiness when visiting m and love of participation in trips and clubs (Sudanese: 2014).

**Research Approach and Field Procedure:**

**Research methodology:**

Researchers used descriptive approach, because it is most suitable approach to descriptive studies and as an organized scientific effort to obtain information and data to describe phenomenon subject of research.

**Research sample:**

It is a simple random sample known to Raja Abu Allam: "With possibility of choosing any member of society as an element of sample" (Abu Allam: 2004). Sample included (24) trainers who were divided into two equal groups in number, as number of each group reached (12) coaches for junior category, and number of (12) coaches for youth category.

**Exploration study**

**Sincerity of arbitrators:**

Where researchers relied on sincerity of arbitrators that Allam "knew as: raising excitement of examiners to maximum acceptance of scale and to ensure cooperation of examiners in test position. Put it for him."

Researchers calculated scientific transactions of test, knowing that this test was used in many foreign and Arab studies and studies have confirmed sincerity and stability of test with a high degree of accuracy to measure compatibility, and in current study, researcher extracted and calculated scientific transactions for test using midterm test to calculate sincerity of test and its stability, as shown in Table 1.

**Table 1.**

Measurement	Honesty	Stability
Personal compatibility	0.91	0.87
Social compatibility	0.93	0.91

**Table 2:** Average arithmetic, standard deviation, calculated value (T) and its statistical significance of coaches of youth and youth in personal compatibility.

Measurement	Junior players coaches		Young players coaches		T value collected	Sig
	M	S	M	S		
personal compatibility	255	22.31	251	21.23	0.57	random

**Table 3:** Average arithmetic, standard deviation, calculated value (T) and its statistical significance of coaches of youth and youth in social compatibility.

Measurement	Teacher Mail		Teacher female		T value collected	Sig
	M	S	M	S		
Social compatibility	236	2.34	232	23.23	0.65	Random

It is clear from high honesty and stability transactions, as honesty transactions ranged between (0.91 - 0.93). As for stability transactions, ranged between (0.87- 0.91) for field of questionnaire, which are good and high transactions that confirm sincerity and stability of tool used in research.

**Main Experience**

Researchers conducted main experiment on research sample on 25/2/2022 until 25/4/2022.

**Statistical Means**

Researchers used SPSS statistical program version 24.

**View results and discuss:**

**Study differences between coaches in personal compatibility**

It is clear from table (2) that re are statistically significant differences between junior and youth categories at level of 0.05 in personal compatibility (Table 2).

**Study differences between coaches in social compatibility**

It is clear from Table (4) that re are no statistically significant differences between coaches of young and youth categories at level of 0.05 in social compatibility (Table 3).

**Results discuss:**

Results showed that re are no statistically significant differences between football coaches for junior category and youth category in degree of personal compatibility, and that re are multiple factors that contribute to personal compatibility of two categories coaches at same level as y deal with two age groups without level of professionalism, which is reflected in nature of deal With m, which is under control of coach in most of corresponding to which y are going through being in an age stage in which y need guidance and guidance based on role model represented by coach who works to show good behavior and personal behavioral compatibility to be a good image of sports coach who represents leader and role model that players can do In se two age groups In general, results came in line with previous studies that showed that re were no statistically significant differences in personal compatibility, as results showed that personal consensus of coaches is at a close level. This is in line with results of a study which showed that consensus is not a variation in personal consensus of football coaches in age groups. This trend is mainly based on compatibility, as it is a social process based on individual's keeping up with standards of society and its cultural specifications, through his ability to lead with various responses that suit different positions and saturate his desires and needs, and this means that compatibility from point of view of owners of this trend reflects individual's style in face of life conditions and solution His problems.

Results showed social consensus that re are no statistically significant differences between coaches of two age groups. Psychological compatibility to include safety of family relations with relatives and solve problems. That is, integrated approach that confirms synergy of social structural demands with personal structural demands, and this is what is included in continuous interaction between person represented by coach and his sports surroundings. Relations with coach and nature of educational method adopted in working with players, as well as extent of acceptance and communication are essential indicators of psychological compatibility, may make him accept participation in life activities with all energy and seriousness to achieve his personal or social goals. So social consensus is process of adapting to himself with social environment and integrating it in it and meeting its requirements or submission to its circumstances, and it is generally that process in which a state of harmony and commitment in individual's relations with his friends, family members, local environment and great society through which he can satisfy his needs is what community imposes It has demands and obligations and criteria and values that he will accept for him and to achieve social compatibility. Some

conditions must be met. That is, in sense that individual accepts others as he accepts himself and puts himself in place of others, meaning that he is able to think, feel and behave (Muhammad Rashid: 2000) in same way that others understand. As for social interpretation, it believes that compatibility is only as a result of amending individual of his behaviors and responses, as well as his motives with social environment requirements, and he achieves itself and its impulsion within social framework.

### Conclusions & Recommendations

#### Conclusions:

1. Lack of statistically indicative teams in degree of compatibility in personal compatibility according to training of two categories (youth-youth) at level of significance 0.05.
2. Presence of statistically indicative teams in degree of social compatibility according to training of two categories (youth-youth) at level of 0.05.

#### Recommendations:

1. Necessity of paying attention to personal consensus of coaches in sports community of its importance and its educational and educational reversions.
2. Necessity of establishing guidance training programs for trainers in general.
3. Attention to preparing indicative programs that may help enhance interaction and personal and social integration of age groups.
4. Activating role of development courses to improve performance of coaches at personal and social level, because it has a positive impact on attitudes and values of individual as well as balance and general social psychological compatibility.

### References

- Ismail Yahya Al-Sudani (2014). Psychological and social compatibility and its relationship to academic achievement among students of psychology at University of Sudan for Science and Technology] Master sis, Sudan University of Science and Technology [ Khartoum. Sudan.
- Raja Mahmoud Abu Alam (2011), Introduction to curricula of educational research, Al-Falih Library for Publishing and Distribution, Cairo
- Abdul-Wahab Al-Qaryati (2003) Studies in Mental Health, Cairo, Dar Al-Fikr Al -Arabi.
- Ali Al-Hindawi, Imad Al-Zaghoul, (2002), basic principles in psychology, Al-Falah Library for Publishing and Distribution, First Edition, Oman, Jordan.
- Mohamed Youssef Rashid: (2000): Academic achievement among students of general secondary education in states of State of Bahrain and private, Master sis, Saint University, College of Arts and Humanities, Beirut, Lebanon.
- Mohammed Youssef Rashid. (2011). Academic, personal and social compatibility after unification of paths in Kingdom of Bahrain: a field study on high school students in Central Governorate. Damascus University Journal for Educational and Psychological Sciences.
- Khalil's employees (1981) social, personal and professional compatibility and its relationship to educational trends, unpublished Master sis, Al -Quds University, Palestine.
- Maha Ali Salman. (2011). (Psychological and Social Agreement and its relationship to emotional intelligence "field study on employees of University of Damascus".
- Abdullah, M. C., Elias, H., Mahyuddin, R. & Uli, J. (2009): Adjustment1 among First Year Students in a Malaysian University. European Journal of Social Science, 8(3), pp. 496-500.

**Appendix (1)**

**Scale of personal and social compatibility of football coaches**

No	Phrase	degree of applicability of phrase to you				
		Very big	Big	Medium	Few	Very few
		5	4	3	2	1
1	Excellence in completing work entrusted to me					
2	I love to see others as I am					
3	I am proud of any work					
4	Hesitation to participate in debate of others					
5	Others treat me as it deserved					
6	My resolve weakens in face of others					
7	Confused when I am with important people					
8	I can change things for better when you get worse					
9	I feel my success as a sports coach					
10	Make a lot of training skills					
11	I feel psychological satisfaction					
12	I feel that I am a person who relies on it					
13	I believe that one should complete work that he started					
14	I bear result of my decisions					
15	I am happy with directions of others					
16	I carry out difficult tasks					
17	Make decisive decisions independently					
18	I feel tired for my long time					
19	I take my decisions with vision and thinking					
20	I do my best to solve problems of players					
21	I seek to support colleagues in what I do					
22	Prices to modify my style at work before criticizing me					
23	Prices to modify my style of work before others criticize me					
24	Draw my plans independently					
25	Spend free time with others					
26	I merge quickly with others					
27	I feel myself in being with others					
28	I offer help and service to others					
29	Excellence in completing work entrusted to me					
30	Facing problems without escaping from m					
31	I participate around occasions					
32	Bring meetings associated with my work					
33	I feel lost time participating in various activities					
34	Start opinion on most things					
35	Surrender to reality without trying to change it					
36	I choose players according to my conviction					
37	Or than what is imposed on it from work programs					

38	I seek to solve problems of players					
39	Others shared discussions					
40	Respect opinions of others					
41	I find it difficult to express opinion					
42	I help others before requesting it					
43	I manage my various affairs independently					
44	I face instructions during match in a suitable voice					
45	Sleep is disturbed by decisive match					
46	Speak out loudly when players' mistakes are many in match					
47	Signs of sadness appear after defeat					
48	He shows signs of pleasure after winning					
49	Sure slogans of hostile masses					
50	I get angry, not to miss reasons					
51	Do what I see is suitable for situation					
52	My heart strikes increases while I was in match					
53	I would like to destroy things when losing					
54	I work to calm players during matches					
55	I blaming players after loss					
56	I can keep quiet when things get worse					
57	Stay away from using violence with players					
58	I force myself to respect others					
59	I cooperate with my group in club's management for sports team					
60	I accept criticism of others					
61	I feel happy to cooperate with players					
62	I feel importance of preserving property of others					
63	Get my rights according to societal standards					
64	Others shared work					
65	I believe that lying is not a way to solve problems					
66	I consider myself responsible for work of others					
67	I feel happy when spending free time alone					
68	I feel responsibility towards friends					
69	Tolerance with my friends despite abuse					
70	I feel happy to share friends with problems					
71	I find my happiness with friends					
72	I have ability to earn friends					
73	Keep secrets of friends					
74	It became for sake of friends					
75	Cooperation with friends despite difference with m in views					
76	My differences are resolved with friends					
77	I strive for more friendships					

78	Take care of feelings of others					
79	Faster to return beautiful friends					
80	I seek to preserve rights of others					
81	Keep my custody with others					
82	I put group's interest over my interest					
83	I seek to win match in any way					
84	I interfere in players' private affairs					
85	I feel guilty as a result of my selfish behavior					
86	I offer to those who need it					
87	best treatment of others					
88	Prices for not angering others					
89	most deserving of those who deserve to be rewarded					
90	I share group opinion					
91	Take care of opinions of others in what I offer from my point of view					
92	My name is to solve societal problems					
93	I seek to help neighbor					
94	Show importance of preserving property of others					
95	I love neighborhood in which I live					
96	I seek to raise level of club in which I work					
97	Work to observe rights of players					
98	Others shared work					
99	I believe that lying is not a way to solve problems					
100	I share people of neighborhood projects					
101	I have appreciation of people of neighborhood for my work as a coach					
102	I feel happy to deal with players					
143	I share club administration to develop and supervise plans					
104	Contribute to erasing illiteracy of people of neighborhood					
105	I bear some hardship for others					
106	I love sharing others what I have					
107	I share values that are consistent with my values					
108	Make sure my friendship with others					
109	Express my feelings easily towards others					
110	I feel happy to show others to opinions					
111	Enjoy talking to others					
112	He continued to attend training in its time					
113	I seek to achieve goals of sports team					