

CHANGES IN MECHANICAL PROPERTIES OF MINIMALLY-PROCESSED YELLOW PITAHAYA TREATED WITH 1-MCP

CAMBIOS EN LAS PROPIEDADES MECANICAS DE PITAHAYA AMARILLA MINIMAMENTE PROCESADA TRATADA CON 1-MCP

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ABSTRACT: The mechanical properties stress of yield limit (σ_L), modulus of deformability (Ed), failure stress (σ_p), and Hencky strain at failure (ϵ_{HF}), of minimally-processed yellow pitahaya treated with 200 μgL^{-1} 1-MCP during storage (10 ± 1 °C, 85% RH) was evaluated. Mechanical analysis of the fruit was performed using a stress-strain curve. The samples were subjected to uniaxial compression test at break. The results showed that the samples treated with 1-MCP showed the highest values of stress of yield limit, modulus of deformability and failure stress. This indicates that the application of 1-MCP provides greater firmness to the fruit and may represent an alternative to reduce undesirable changes in texture during storage.

KEY WORDS: Modulus of deformability, Failure stress, Hencky strain at failure, Stress of yield limit, Minimally-processed yellow pitahaya

RESUMEN: Se evaluaron las propiedades mecánicas de esfuerzo del límite de fluencia (σ_L), modulo de deformación (Ed), esfuerzo de ruptura (σ_p), y deformación de Hencky en la ruptura (ϵ_{HF}) de muestras de pitahaya amarilla mínimamente procesada y tratadas con 200 μgL^{-1} de 1-MCP durante el almacenamiento a 10 ± 1 °C y 85% de humedad relativa. Las muestras fueron sometidas a pruebas de compresión uniaxial hasta la ruptura. Los resultados mostraron que las muestras tratadas con 1-MCP presentaron los mayores valores del esfuerzo del límite de fluencia, modulo de elasticidad y esfuerzo de ruptura. Esto indica que la aplicación del 1-MCP proporciona mayor firmeza a la fruta y puede representar una alternativa para disminuir cambios indeseables de textura durante el almacenamiento.

PALABRAS CLAVE: Módulo de deformación, Esfuerzo de ruptura, Deformación de Hencky en la ruptura, Esfuerzo del límite de fluencia, Pitahaya amarilla mínimamente procesada

1. INTRODUCTION

Minimally processed (MP) fruits represent one of the most rapidly growing segments of refrigerated foods [1,2], and this trend has generated the need to develop new processing and storage techniques that set barriers to preserve product quality [3–5]. Minimal processing consists of washing, cutting, treating, packing, and storing products while they are refrigerated [1], and these operations alter the quality of products and diminish their commercial life [1,2]. The quality of MP fruit is influenced by ripeness at the moment of slicing and by the fruit's history between harvest and processing [3].

A decrease in product acceptance has been linked to changes in texture, ripeness index, and turgidity loss in the cell wall [2,6]. A number of changes occur during storage, among which softening loss of firmness is one of the greatest limiting factors [7]. These changes in the mechanical properties of fruits are important because they affect the sensory characteristics and therefore quality and consumer acceptance [8,9]. Changes are analyzed through rheology, the science that studies material flow and deformation by application of a load [10] and that has been used to study the viscoelastic behavior of foods. The study of rheology began as early

as the 1950s, when it was used empirically as a quality control parameter. Currently, knowledge of rheology allows for the design and evaluation of processes and products [9].

In rheology, texture is a functional and sensorial manifestation of mechanical and structural changes in foods [11]. One of the difficulties of applying mechanical principles to food lies in the sheer complexity of its structure and its complex viscoelastic behavior [12]. Many biological products and solid foods behave like viscoelastic materials when they are subjected to small or intermediate levels of strain. The mechanical response of these materials depends on the load, time, and load history [13].

To study the mechanical behavior of food, a sensory panel or an instrumental analysis is used; the latter is preferred because of its speed, reproducibility, and low cost. In performing instrumental analysis, however, it is necessary to use mathematical models to analyze the obtained attributes [11]. Keeping in mind that foods are complex matrices that can exhibit a wide range of mechanical behaviors and can be described using simplified models, including an ideal solid (elastic), ideal fluid (viscous), and ideal plastic (elastic and viscous) models, and combinations thereof [14].

One of the simplest fundamental tests for the characterization of the rheological properties of many foods is the uniaxial compression between two parallel plates. Normally, a constant speed is applied and the force required to cause a given deformation (non-destructive test) or the rupture of the sample (destructive test) is measured. [14]

The alkene compound 1-MCP inhibits the activity of ethylene in whole and sliced fruits and has shown the potential to reduce the softening in minimally-processed products, such as pineapples [15], 'Galia' melons [4], kiwis [16,17], 'Kent' and 'Keitt' mangos and 'Fuyu' sapotes [16], bananas [18], and 'Blanquilla' pears [19]. However, the response of the fruit to the compound depends on factors such as storage temperature, raw material characteristics, fruit type, cultivation, ripeness, and storage time [20].

Recent studies in Colombia suggest that minimally-processed yellow pitahaya has high export potential.

During storage, however, the fruit loses its sensory characteristics, thereby limiting its commercialization [21]. The application of 1-MCP to the MP fruit can represent an alternative to decrease texture changes during storage [19]. The aim of this work was to evaluate the effect of applying 1-MCP to MP pitahaya on its mechanical behavior (stress of yield limit, modulus of deformability, failure stress, and Hencky strain at failure).

2. MATERIALS AND METHODS

2.1. Raw Material

Yellow pitahaya fruits with a maturity stage of 3 were selected according to the NTC 3554 standard classification [22]. The fruit orchard is located in Roldadillo, Valle del Cauca, Colombia (4°24'37" North latitude and 75°93'72" West longitude, 1500 m altitude). Harvested fruits were selected, scrubbed using soft-bristle brushes to remove spine residues and organic matter, washed, and sanitized using chlorinated water (200 mg.L-1), and then rinsed with distilled water. Finally, the fruits were classified and grouped based on specific treatment, dried using a paper towel, and immersed in the 1-MCP solution.

2.2. Preparation and 1-MCP application

Commercial 1-MCP with 3.8% (p/p) purity was used. It was obtained from the Rohm and Haas Chemistry Company LLC (Philadelphia, Pennsylvania). Forty liters of a 200 $\mu\text{g L}^{-1}$ 1-MCP solution were prepared using distilled water. Selected fruits were immersed for 10 min in the solution, rinsed in distilled water for 5 min (to remove excess 1-MCP), and dried in open air.

The concentration of 1-MCP was established according to previous results [23]

2.3. Minimal processing and packing

Fruits treated previously with 1-MCP were cut in 1.0 \pm 0.1 cm-thick slices using a Javar mechanical slicer (model GE 250, Cali, Colombia).

The fruits were vacuum packed in a 70-micron thick low-density, flexible polyamide and coextruded polyethylene package with a 39 $\text{cm}^3 \text{m}^{-2} \text{day}^{-1} \text{Atm}^{-1}$ O_2 permeability at 23 °C, 107 $\text{cm}^3 \text{m}^{-2} \text{day}^{-1} \text{Atm}^{-1}$ CO_2

permeability at 23 °C and 10.2 g m⁻² day⁻¹ Atm⁻¹ water vapor permeability at 38 °C. The packages were sealed with a sealing strength of 1.5 kg cm⁻¹ at a temperature of 160 °C for 3 s.

The yellow pitahaya was stored in environmentally-controlled chamber (1000 L Dies, Colombia) at 10 ± 1 °C and 85% relative humidity. The weight of the samples was determined using an analytical balance (Mettler, Switzerland).

2.4. Sample preparation

To carry out the mechanical analysis, the packaged yellow pitahaya was sliced into samples 40 mm in diameter using a stainless steel cylindrical mold. After slicing, the samples were visually inspected, and those samples with surfaces that were not flat were discarded. The diameter and height of the cylinders were measured with a caliper at 3 different and equidistant points, and the average value was calculated. These cylinders were used in the compression tests.

2.5. Compression uniaxial analysis

The samples were subjected to uniaxial compression tests using a texturometer (EZ-Test model, Shimadzu, Somerset, New Jersey) attached to a cylindrical plate of 6.0 cm in diameter. The plate was lubricated to avoid the effects of the plate-sample friction during compression [24]. The measurements were performed at room temperature, at a speed of 10 mm/min, until the sample was compressed to 90% of its initial height.

The force-displacement curves obtained in the compression analysis were used to calculate the true stress (σ) Hencky strain (ε_{HF}) from Eqs. 1 and 2, respectively [8,25].

$$\sigma(t) = \frac{F(t)}{A(t)} = \frac{F(t)}{\pi r_0^2 l_0} \times (l_0 - d(t)) \quad \text{(Eq. 1)}$$

$$\epsilon_{HF}(t) = Ln \left[\frac{l_0}{(l_0 - d(t))} \right] \quad \text{(Eq. 2)}$$

σ(t): failure stress (true stress) (Pa)

F: compression force (N)

A: cross sectional contact area (m²)

(ε_{HF}): Hencky strain at failure

l₀: Initial simple length (m)

l: Sample length time t of compression (m)

These equations have been widely used in the study of mechanical properties of foods such as mangos, kiwis, and strawberries [26]; chestnuts [27], cassavas [28], and bananas [29].

Figure 1 was analyzed in terms of the following parameters [30]. The stress of yield limit (σ_L), was determined as the end point of the linear relationship between stress and strain; the modulus of deformability (Ed), was obtained from the slope of the linear zone before the yield limit; the failure stress (σ_F), which is defined as the ultimate stress before the material fractures [30], was determined to be the first peak in the stress-strain curve [8], and the Hencky strain at failure (ε_{HF}) is the level of deformation of the sample and corresponds to the macroscopic failure of the structure. This value is taken from the first peak of the curve.

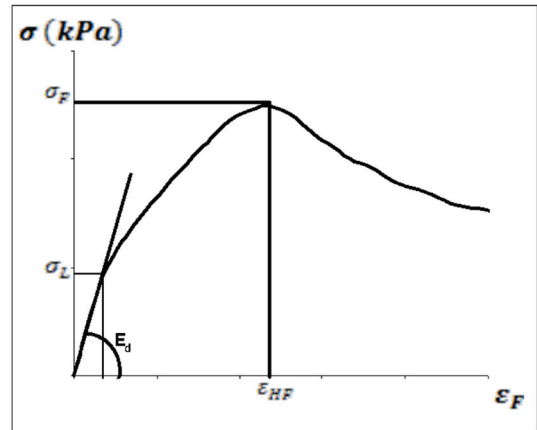


Figure 1. General course of uniaxial compression curve in plant tissue

2.6. Design of the experimental setup

A two-factor, fully random, 2x5 factorial design was used in the following manner:

Two concentrations of 0 and 200 µg L⁻¹ of 1-MCP solution, where 0 is the untreated samples (without application of 1-MCP or control treatment).

Five storage times of 0, 4, 8, 12, and 16 days.

The response variables were: stress of yield limit,

modulus of deformability, rupture stress, and Hencky strain at failure.

All of the measurements were performed three times. The results were analyzed using a 95% confidence level variance analysis using the Minitab 15.1 Version software (Minitab Inc., State College, PA, 2007).

3. RESULTS AND DISCUSSION

3.1. Compression analysis

The initial moisture content of yellow pitahaya was $79.03\% \pm 0.52$ (wet basis). On day 12, the fruits treated with 1-MCP showed weight loss of $0.41 \pm 0.02\%$, while untreated fruits showed a weight loss of $0.98 \pm 0.12\%$. Similar results are reported in yellow pitahaya [21] and red pitahaya [31]. Although these results are not significant, the application of 1-MCP reduced the weight loss, because this compound favorably altered the metabolism of the fruit's epicuticular layer; this layer is a barrier to the movement of water vapor from the fruit into the environment [32].

3.2. Uniaxial Compression

Figure 2 shows a typical force-deformation curve (obtained from compression tests) for treated and untreated yellow pitahaya samples. A linear relationship between force and deformation was initially obtained, followed by a non-linear region, in which the force is observed to increase until a critical point at which fracture occurs (fracture point). At this point, the force reaches its maximum value and starts to decrease [33–35].

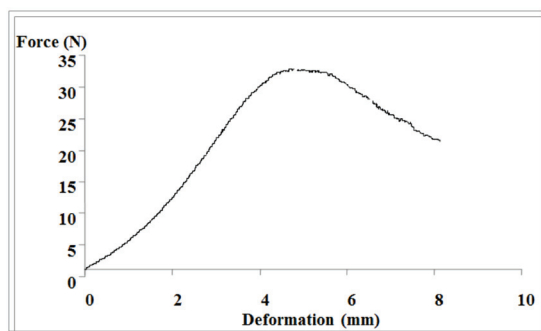


Figure 2. Typical force-deformation curve for pitahaya samples treated and untreated.

In the yield limit, cell rupture begins to take place [36]. Cell-structure changes are considered reversible

under the yield limit and irreversible above it [8]. Plant tissues may fail because of cell wall rupture and loss of adhesion between the cells. Loss of adhesion is generated by alterations of the middle lamella, a layer composed of polysaccharides that surrounds the cell-wall pectin and facilitates adhesion among the cells [8]. This behavior is typical in whole- and minimally-processed fruits and has been observed in the uniaxial compression of the different cut and whole products, such as fresh and osmotically-dehydrated pumpkins [8] and 12 varieties of apples [35], grape variety Cabernet Franc [37], pear [38], and tomatoes [36,39].

3.2.1. Stress of yield limit

Figure 3 shows the stress of yield limit (σ_L) of minimally-processed yellow pitahaya treated with $200 \mu\text{g L}^{-1}$ 1-MCP and untreated (control sample). σ_L is associated with a change from a linear elastic behavior (solid) to a non-linear elastic or plastic (liquid) [10]; therefore, high values of σ_L mean that the material behaves more like a solid. The fruit treated with 1-MCP presented higher values of σ_L compared to untreated samples. This indicates that the application of 1-MCP in yellow pitahaya induces it to behave more like a solid.

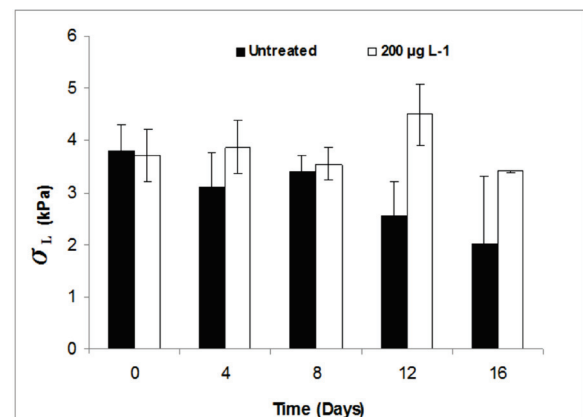


Figure 3. Stress of yield limit of minimally-processed yellow pitahaya treated with 1-MCP and untreated

The components of texture that are affected by 1-MCP have not been adequately investigated but tissue toughness is greater in 1-MCP-treated fruit than in the untreated fruit [40]. This can be explained by the fact that the 1-MCP reduced the enzymatic activity of pectinases and cellulases, which produce the degradation of pectins and hemicelluloses [41].

It can be appreciated that σ_L decreased in the untreated samples (control) during storage time, which is an indicator of softening. Slicing operations also result in dramatic losses in the firmness of fruit tissues. Pectinolytic and proteolytic enzymes exuding from bruised cells may diffuse into inner tissues. In this regard, the diffusion rates of enzymes through the tissue can be unexpectedly high [42]. Analysis of variance (ANOVA) showed a significant effect ($p < 0.05$) of concentration factors and storage times on σ_L .

3.2.2. Modulus of deformability

Figure 4 shows the modulus of deformability (E_d) of minimally-processed yellow pitahaya stored with and without 1-MCP treatment. The modulus of deformability is associated with the hardness sensation of food as well as with the first sensation that is perceived when eating that food [43].

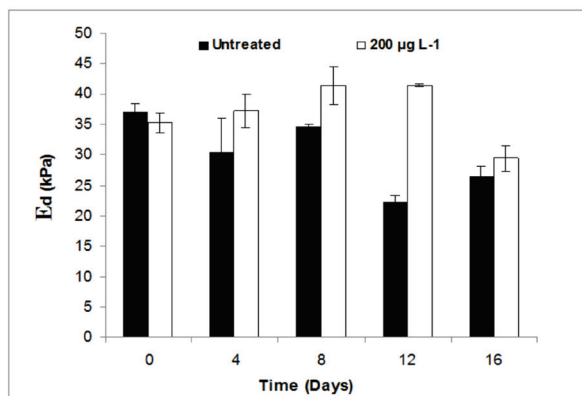


Figure 4. Modulus of deformability of minimally-processed yellow pitahaya treated with 1-MCP and untreated

It can be appreciated that the modulus of deformability of treated samples is greater than samples untreated during storage time. These results reveal the existence of a change in the mechanical behavior of the treated pitahaya slices with a greater increase of the hardness. It should be noted that the increase in modulus of deformability is the combined result of an increase in σ_L and a reduction of the Hencky strain at failure. Analysis of variance (ANOVA) showed a significant effect ($p < 0.05$) of concentrations factor and storage times on E_d .

3.2.3. Failure stress (true stress)

One of the most important mechanical properties of a solid

food is the fracture behavior, which is associated with the perception of a “crunch” during chewing [33,44]. Figure 5 shows the failure stress (σ_F) of yellow pitahaya slices during storage. The σ_F was higher for the fruit treated with 1-MCP than untreated fruit (or untreated samples show relatively weak rupture stress). This result indicates that the treated fruit was firmer than untreated fruit during storage time. The same behavior has been observed in other fruits treated with 1-MCP such as pineapple slices [15] and bananas [18]. The 1-MCP reduced the enzymatic activity of pectinases and cellulases, and therefore decreases the loss of firmness [41].

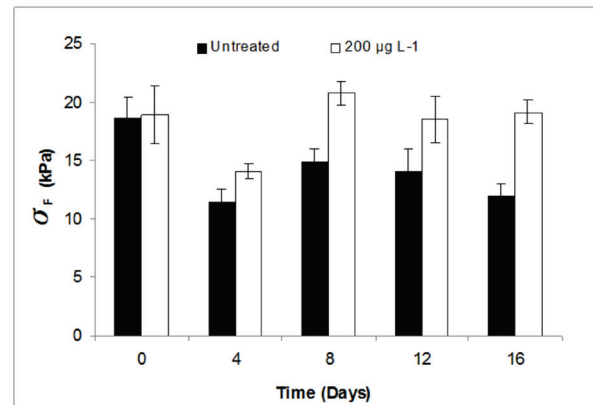


Figure 5. Failure stress of minimally-processed yellow pitahaya treated with 1-MCP and untreated

The control treatment showed a decrease in the values of σ_F . This indicates the softening of the fruit, which is associated with the cellular wall rupture, adhesion loss among cells (caused by an alteration of the middle lamella) [8], and other changes in cellular characteristics, such as the the fragility of the cell and the internal turgor pressure [45]. The cell wall is mainly composed of rigid cellulose microfibrils linked by networks of hemicellulose matrices and pectins, plus a small amount of structural proteins and aromatic compounds [46,47]. Analysis of variance (ANOVA) showed a significant effect ($p < 0.05$) of concentration factors and storage times on σ_F .

3.2.4. Hencky strain at failure

The behavior of the maximum strain (ϵ_{HF}) of pitahaya samples treated and untreated are shown in Fig. 6. It can be appreciated that for untreated samples the rupture takes place at higher strains and lower stresses (more ductile behaviour or less firm). This behavior will

negatively influence the acceptability of the consumer. For treated samples the rupture is produced under lower strains and higher stresses (the behaviour is more brittle). This could be explained by the decrease in the enzymatic activity of pectinases and cellulases, as explained above. Analysis of variance (ANOVA) showed a significant effect ($p < 0.05$) of concentration factors and storage times on ϵ_{HF} .

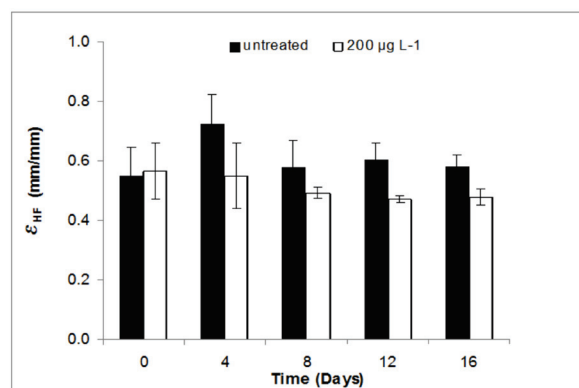


Figure 6. Hencky strain at failure of minimally-processed yellow pitahaya treated with 1-MCP and untreated

4. CONCLUSIONS

The application of $200 \mu\text{gL}^{-1}$ of 1-MCP produced important changes in the mechanical properties of pitahaya tissue during storage time. Experimental data obtained in the study with the application of 1-MCP in pitahaya slices show an increase of the stress of yield limit, modulus of deformability, failure stress, and a decrease of the maximum strain. This fact reveals a greater firmness in their cellular structures compared with untreated fruits. Pitahaya samples treated with 1-MCP appeared to have better-preserved mechanical response and cell structure than nontreated samples.

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