Review

A transition from the BPharm to the PharmD degree in five selected countries

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Abstract

This review focuses on the studies and opinions around issues of transition from the BPharm to the PharmD degree in the U.S., Japan, South Korea, Pakistan and Thailand.

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The transition to the clinically orientated PharmD degree in many countries was seen to be a means of developing the profession. However, some countries have both clinically-oriented and pharmaceutical sciences-oriented PharmD programme that are designed to meet the needs of their countries. Each country created a different process to handle the transition to an all-PharmD programme, but mostly had the process of school accreditation mandated by the regulatory bodies. The main barrier to the transition in most of the countries was the issue of educational quality. A set of indicators is needed to measure and monitor the impact/outcome of the

Each country has different needs due to the different contexts of health care systems and the scope of pharmacy practice. In order to increase their chances of benefiting from the new programme, academic leaders should critically assess their countries' needs before deciding to adopt a PharmD programme.

Keywords

Education, Pharmacy; Schools, Pharmacy; Students, Pharmacy; Pharmaceutical Services; Clinical Competence; Curriculum; Program Development; United States; Japan; Republic of Korea; Pakistan; Thailand

INTRODUCTION

The Doctor of Pharmacy (PharmD) is a professional doctorate degree, also known as a clinical doctorate - a term only used in the health professions. The professional doctorate degree emphasises practice competencies, which is different from an academic doctorate, such as Doctor of Philosophy (PhD) that focuses on knowledge or original research production. The United States was the first country that has moved to a 6-year PharmD degree as the sole credential for the professional pharmacy programme and focuses mainly on clinical pharmacy.2 There is an increasing global trend for example in countries towards PharmD degree education.³⁻⁹ The list of countries that transitioned from the BPharm to the PharmD degree, as their entry-level qualification are as follows, U.S., Canada (plan to offer an all-PharmD in 2020), Hungary, Italy, Japan, South Korea, Pakistan, Saudi Arabia, Thailand, Benin, Cameroon, Republic of Congo, Senegal, Tunisia, Nigeria and Gana.⁵⁻⁹ This paper aims to review the key publications demonstrating the opinions around issues of transition from the BPharm to the PharmD degree in the five selected countries, which are the U.S., Japan, South Korea, Pakistan and Thailand.

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The countries were chosen because there were a number of publications about the transition available. The basic information regarding the pharmacy workforce and education in those selected countries is presented in Table 1. The most popular area of practice in the developed countries is community pharmacy, due to the structure of their health care systems that need a high number of pharmacists in such pharmacies. On the other hand, the popular area of practice in Pakistan is the pharmaceutical industry because of the successful pharmaceutical industry in Pakistan. 10 Thailand has hospital pharmacy as the most popular area of practice, due to the public hospitals being the country's main healthcare facilities.11

Educational pathways to become a pharmacist in the five selected countries

The pharmacy educational systems are similar in course length most are approximately 6 years if pre-entry standards and internships are included (Table 2). 3,4,12-16 All countries have a similar education system to cater for those who wish to become a pharmacist: the students enter from secondary school except for the U.S. and South Korea where school leaving qualifications are lower and entry is after a minimum 2 years at the university, followed by a 4year pharmacy course with one year training experience and then a licensure examination. $^{13\text{-}15}$ All countries require registration assessment of new pharmacists or their national licensure examination.

Scope of pharmacy practice in the five selected countries

Pharmacists in all countries provide clinical pharmacy services but at different levels of implementation; for example, pharmacists in developed countries have many supporting systems for the implementation of pharmaceutical care practice. On the other hand, in



Characteristics	U.S. ^{45,71,72}	Japan 51-53,55,73	South Korea ^{20,74}	Pakistan ^{6,10,75-77}	Thailand ^{77,78}		
General aspects							
Population (millions)	273	128	49.8	176	67		
GDP per capita (USD) (2013)	54,353	42,983	18,373	4,700	14,400		
Number of licensed pharmacists (per 10,000 of population)	249,642 (9)	276,517 (21)	53,492 (6.5)	12,000 (0.7)	28,272 (4.2)		
Pharmacy workforce by practice ^{79,80}	C ^a 65%, H ^b 25%, O ^c 10%	C 49.6%, H 19.4%, I ^d 11.9%, O 19.1%	C 28.6%, I 21%, H 18.3%, O 32.1%	I 55%, C 10%, H 10%, O 25%	H 40%, C 17%,		
Community pharmacies ⁷⁹	37,539	71,970	20,633	80,000	11,592		
Re-licensure required	Requirements vary by state	No renewal system in pharmacy license	N/A	N/A	Renewed every 5 years		
Pharmacy education	•	,	1		•		
No. of pharmacy institutions ⁶	129	74	35	43	19		
No. of pharmacy technicians institution ⁷⁹	700	0	0	9	17		
Pharmacy graduate per year ⁶	12,719	9,912	1,372	4,000	1,680		
Year that transition to an all-PharmD programme has been started	2000	2006	2009	2004	2010		
Academic programme, length (years)	PharmD ^e , 6 ^f , 4 ^g	Bachelor, 6	Bachelor, 6	PharmD, 5	PharmD, 6		
Practice training ⁶	C, H, O (1,000-1,800 practice hours)	C, H (6 months)	N/A	C, H	C, H, I, O (2,000 practice hours)		
National licensing exam	Required	Required	Required	Required	Required		
The programme that bridge the academic gap between 4-, 5- and 6- year pharmacy programme	Non-traditional PharmD programme	The new curriculum- support training	Master degree programme in clinical pharmacy	N/A	Master degree programme in clinical pharmacy, Residency training programme		

^aC=Community pharmacy; ^bH= Hospital pharmacy; ^cO=Others; ^dI=Industrial pharmacy; ^enearly half of students hold a bachelor or higher degrees; ^f for PharmD programme with no pre-pharmacy requirements for admission; ^g for PharmD programme that requires at least 2-years of specific pre-professional (undergraduate) coursework prior to 4-academic year of professional study.

developing countries pharmaceutical care implementation still encounters a number of challenges, including the absence of a recognized reimbursement system. ^{17,18} Pharmacists in the U.S. can be given the authority to be supplementary or independent prescribers via collaborative practice agreements that depend on state regulations; while pharmacists in Japan, South Korea, Pakistan, and Thailand have prescribing authority for 'pharmacist only medicines (POM)' and the over-the counter (OTC) medicines for the symptomatic treatment of minor conditions.

THE TRANSITION FROM THE BPHARM TO THE PHARMD DEGREE

The key publications demonstrating the opinions evolving around the issues of transition from the BPharm to the PharmD degree have been reviewed. There are four main issues that consistently emerged as follows;

1. Needs and context: It seems that the intention of the transition to the PharmD degree in many countries was to use pharmacy education as a way to guide the future of the profession, especially shifting to a more clinically oriented degree. On the other hand, Pakistan, South Korea and Thailand needed to expand their pharmacists' roles in clinical pharmacy, as well as meeting the high demand for pharmacists in the pharmaceutical industry. 16,20-24

It was suggested that the bachelor degree was still needed and should be continued as a basic degree programme, in order to develop pharmacists who have knowledge and skills to work in non-direct patient care areas like the pharmaceutical industry and marketing. ^{21,22,24}

- **2. Process:** The process of the transition from the BPharm to the PharmD has created similar situations among several countries as follows:
- Debating about the transition: There were debates about the transition from the BPharm to the PharmD degree for a long period of time in order to establish a consensus at the national level.¹⁹
- 2) Mandating by the regulatory bodies: Each country had their regulatory bodies who mandated the PharmD programme as the entry-level pharmacy programme, by moving toward some sort of standardised credentialing methods. For example, the curriculum must have been revised to fit the new PharmD programme in order to receive its accreditation or to produce pharmacy graduates who are eligible to sit for the licensure examination. ^{2,26,27}
- 3) Supportive regulations concerning the provision of pharmaceutical care in practice settings: In some countries, there are factors that support pharmacists to take up their new roles in direct patient care activities. For example, in the U.S., the pharmaceutical care service called medication therapy management (MTM), has been codified into law, and Medicare Part D providers are required to offered MTM services to a specific subset of patients. 19,25,28-30 This situation differs from many developing countries, which have changed to the PharmD degree, that still have no supporting regulations and often no professional fee framework to reward pharmacists for making high-risk clinical decisions. 4,31,32
- **3. Barriers to the transition:** The transition from bachelor degree to doctoral level, in most of countries raised concerns about education quality.³² Most developing



Approximate age of learner	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Approximate grade	1	2	3	4	5	6	7	8	9	10	11	12							
US (6-year PharmD)	Primary school			Secondary school					2-year 4-year School of Pharmacy, including clerkship 1,000-1,800 practice hours transferable bachelors' years of course degree pharmacy year			00-1,800 g first 3	State Board exam						
Japan (6-year BPharm)	Primary school				Junior High High school school					6-year BPharm, including 6 months internship (Prior to start outside practice: students have to take common exam at school (CBT ^c +OSCE ^d) in the fourth year)				National Board exam					
Korea (2+4 Pharmacy programme)	Primary school			Junior High High school school					2-year Pre-pha + PEET ^e	,	4-year School of Pharmacy, including clerkship in the final year; -IPPE ^a 2 credits (70 hours);APPE ^b 1 years (33 weeks/1330 hours for 28 credits)			National Board exam					
Pakistan (5-year PharmD)	Pri	mary	schoo	ol		scho	ndary ol (lowe G6-8)	er		ondary school per level G9-12)			5-year PharmD (There is no clarity regarding pharmacy practice experience)				N/A		
Thailand (6-year PharmD)	Primary school (6-11 years old: Prathom)				High school (12-18 years old: Mattayom)					6-year PharmD, including 2,000 practice hours -IPPE® 400 hours during the fourth year -APPE® 1,600 hours during the fifth and the sixth year					National Licensure exam				

^aIPPE=Introductory Pharmacy Practice Experience; ^bAPPE=Advanced Pharmacy Practice Experience; ^cCBT=Computer based testing-for knowledge; ^dOSCE=(Objective Structured Clinical ability Examination)-for professional skills; ^ePEET=Pharmacy Education Eligibility Test

countries may lack such crucial factors as experienced clinical academic staff, competent preceptors, collaboration with hospitals. Other challenges are likely to include insufficient infrastructure, and economic resources to provide adequate internships, all of which might affect the quality of pharmacists' education. 4,33

4. Impact/outcome: There is still insufficient information to develop a definite argument to support a relationship between success indicators and the introduction to the PharmD degree. Anderson and Futter suggested that there should be a set of indicators to measure and monitor the impact of the PharmD degree. In the following section, the transition from the BPharm to the PharmD programme or similar programme in the U.S., Japan, South Korea, Pakistan and Thailand has been reviewed.

THE UNITED STATES OF AMERICA

Need for the change

The U.S. pharmacy profession decided to move to an all-PharmD programme over 20 years ago, in an effort to enhance pharmacists' competencies and reflect growth in the knowledge base of the profession. There was a need to incorporate new competencies into the pharmacy curriculum and a need to provide robust pharmaceutical care, together with the potential for improved economic outcomes.

Process of the transition to the PharmD degree

The origin of the debate over whether to offer the entry level PharmD as the sole professional degree began back in 1948, when the American Council on Education (ACE)

recommended that the professional pharmacy curriculum should be a 6-year programme. In 1989, 56% of U.S. pharmacy schools still only offered the bachelor degree, 14% offered the PharmD degree and 30% offered both degrees.

The American Association of Colleges of Pharmacy (AACP) President William Miller appointed a task force, which was termed The AACP Commission of Implement Change in Pharmaceutical Education, to develop recommendations to guide pharmacy education to meet the demands of the profession, the health care system and the society. 25,36,37

In 1989, the Accreditation Council for Pharmacy Education (ACPE), the body that sets educational standards and accredits colleges of pharmacy, stated that its intent was to accredit only PharmD degree programmes as the entrylevel degree into the pharmacy profession; suggesting the year 2000 as a probable target date.²⁵ This declaration drove much discourse among educators who were doubtful of obtaining adequate resources to add another year into the curricula. Concern was also expressed over the practitioners: in particular fearful that bachelor practitioners would be disenfranchised if pharmacy schools produced only PharmD graduates.²⁵ Debates about the PharmD as the entry-level degree have continued for approximately 40 years but the issue was finally resolved in July 1992, at the annual meeting of the AACP.²⁵ The delegates voted overwhelmingly to endorse the PharmD degree as the sole degree leading into the practice of pharmacy.²⁵ In 1997 with the publication of Standards 2000, the ACPE put in place the requirement that all pharmacy schools develop a plan for transitioning from two degrees to one degree by July 1, 2000. ¹⁹ Then, all schools



and colleges of pharmacy revised their curricula in order to receive accreditation.

Enablers

- 1) Leadership: The close association between the AACP and ACPE played a vital role in the strength of the AACP's suggestions. The AACP influenced the ACPE to revise accreditation standards for all school of pharmacy to include the PharmD degree and the educational elements necessary for providing pharmaceutical care. 38,39
- 2) Evidence of support: Between 1986-1991, many articles focused on the important of preparing pharmacists for the changing of the pharmacy profession by shifting towards a more comprehensive patient-focused care and other factors that stimulated a need for change in pharmacy education, particularly the rising cost of health care. 19,35,39-
- ⁴¹ There were also a number of studies regarding measuring the effect of the PharmD graduates in practice, compared to the Bachelor of Science in Pharmacy programmes. The conclusions that might be drawn from these studies were as follows: job activities and professional satisfaction of BPharm and the entry-level PharmD graduates were not significantly different. ^{34,42} However, most of the studies were limited in their methodology due to such issues as low response rates and imbalanced representation by degrees. ^{7,34}

Barriers

The barriers that have been mentioned are as the follows: 1) lengthening the education programme for a year would cost money. Tuition fees would increase, student debt would rise, and the state would have to contribute more funding to support the programme.²⁷ 2) there would be a lack of competent preceptors.⁴³

The U.S. PharmD curriculum

Compared to the BPharm, the PharmD curriculum was extended by one year that included additional pharmacotherapy and patient care coursework, plus expanded experiential learning with specified activities emphasising clinical skills; for example, counselling patients or advising other health professionals on drug use issues. 44,47-49 Even though the transition from the BPharm to the PharmD programme in the U.S. has been accomplished, the American College of Clinical Pharmacy (ACCP) and the American Society of Health-System Pharmacists (ASHP) think that the pharmacy education should be better. Both organisations share a common vision that all pharmacists who are involved with direct patient care will be required to complete a residency prior to entering practice by 2020. 50

JAPAN

Need for the change

The curriculum change was made to address the strong demand for highly competent pharmacists to deliver pharmaceutical care for the health care teams. ⁵¹

Process of the transition to the PharmD degree

Changing to a 6-year pharmacy degree programme was proposed by the Japan Pharmaceutical Association (JPA) in 1973. However, the change was not implemented until 2003, when the Council for Pharmaceutical Education approved the transition. 52 In 2006, the pharmacy education system in Japan was in transition from the traditional 4year programme into two programmes, namely: a traditional 4-year programme and a new 6-year Bachelor of Pharmacy programme, which is similar to the PharmD programme. 51,52 The traditional 4-year programme emphasised pharmaceutical sciences due to the career decisions of graduates; approximately 80% of Japanese pharmacy graduates enter the pharmaceutical industry.³¹ The 4-year BPharm graduates are not able to obtain a national pharmacy license.⁵³ The 6-year programme is mandatory for registration for the licensure examination and is related to the accreditation system.⁵⁴ Thus, only the graduates from the new 6-year programme are able to obtain a national pharmacy license.⁵¹

Enablers

There is a prescription law that separates prescribing and dispensing in Japan (Bungyo). This law allows opportunities for pharmacists to provide pharmaceutical care activities within the scope of the prescription law. 31,57

Barriers

The transition to the 6-year programme in Japan has also had many challenges. Those challenges include insufficient numbers of academic staff in the clinical pharmacy area; lack of experienced preceptors; barriers to providing clinical pharmacy activities due to a high volume of prescriptions; and other health care professionals still having doubts about the role of pharmacists.³⁰

The PharmD curriculum

The 6-year programme provides students with more pharmaceutical care, pharmacy practice, and pharmacotherapy courses. It includes 2.5 month rotations in hospital and community pharmacy settings, which are longer than the 4-year programme that included only 2-4 week hospital pharmacy rotation.³⁰

SOUTH KOREA

Need for the change

The curriculum changes in the Republic of Korea (South Korea) was made to address the significant change in pharmacy practice, since a new prescription law was enacted in 2000. The new law completely separates the prescribing and dispensing functions between physicians and pharmacists. These conditions were aimed to address certain public health issues; in particular, high rates of drug misuse and overuse. Thowever, pharmacists' compliance with their new roles has been suboptimal. This result is because of the 4-year BPharm programme had mainly focused on the pharmaceutical sciences and most graduates had inadequate preparation to equip them to provide clinical services. The significant change in pharmaceutical sciences and most graduates had inadequate preparation to equip them to provide clinical services.

Process of the transition to the PharmD degree

In order to cope with the scope of Korean pharmacy practice and align with the global trend toward 6-year pharmacy programmes, the Ministry of Education and



Human Resources Development of Korea reorganised the pharmacy programme in 2005. 15,20 The transition from the 4-year programme to the 6-year programme was fully implemented in 2009. 20

Enablers

According to the new situation regarding prescription, Korean pharmacists are required to perform drug use evaluation and medication counselling for a patient prior to dispensing. ¹⁵

Barriers

There is the need to build infrastructure for the pharmacy practice experiences such as networking with training sites and preceptors. There is also a need to develop facilities and resources; in particular funds, manpower and knowledge. ⁵⁸

The PharmD curriculum

The new curriculum includes a 2-year pre-pharmacy course and 4 years of pharmacy with practice experience. 15,59

PAKISTAN

Need for the change

There were two main motivations for the transition to a PharmD programme in Pakistan.⁶⁰ The first motivation was to provide a way for future graduates to practice in the U.S.; second was to develop the new curriculum to prepare the future pharmacist to have the capacity to work in various careers in Pakistan, especially in the patient care area.^{21,60,61}

Process of the transition to the PharmD degree

In 2004, the Higher Education Commission (HEC) of Pakistan upgraded the 4-year BPharm to the 5-year PharmD programme in order to standardise the Pakistani pharmacy educational system, according to international education and practice needs. ^{60,62} It had been announced that the 5-year PharmD was the essential condition for a university's PharmD accreditation, and a requirement for a pharmacist to practice in Pakistan. ⁶⁰

Enablers

The government hired a broad range of pharmacists in major public hospitals in order to establish and provide pharmaceutical services and to serve as training sites for the PharmD graduates in the future.²¹

Barriers

There were concerns about an inadequate number of experienced and qualified academic staff in the pharmacy practice area, lack of practice based-settings, as well as the insufficient clinical content and practice training in the PharmD programme, all of which may lead to low quality of education and low student satisfaction performance. 18,24,60,62,63 Secondly, there are many challenges for PharmD graduates in practice; for example, lack of an acceptance by other health professionals, the dispenser in pharmacies and hospitals performing the pharmacists' jobs; lack of the public awareness of the pharmacists' roles, and a severe pharmacy workforce shortage. $^{4,60,62,64,65}\,$

The 5-year PharmD curriculum

The 5-year PharmD programme had increased content and practice in pharmaceutical care and the clinical pharmacy clerkship. However, there were reports that the clinical and social aspects of pharmacy; in particular patient counselling, research methods and evidence-based medicines, as well as other major areas (e.g., public health pharmacy and drug policy) were not included in the new curriculum. ^{10,60,66}

THAILAND

Need for the change

Thai policy makers believed that a transition to the 6-year PharmD would meet the needs of the stakeholders by changing pharmacy competencies from generalists to specialists, resolve the issue of curriculum overload for the high-credit 5-year BPharm programme, and produce equal educational standards and outcomes and for the pharmacy profession on a national level.⁶⁷

Process of the transition to the PharmD degree

Enabler

An important influence that has been mentioned on the transition to an all-PharmD programme in Thailand was the cooperation of four faculties of pharmacy and the Bureau of Health Service System Development, Ministry of Public Health (MoPH), in the development and establishment of a master's degree in clinical pharmacy via a modular system programme. This foundation of clinical pharmacy activities in real workplace settings was supported by the U.S.-Thai consortium for the development of pharmacy education in Thailand, which was founded in May 1994 by the Pharmacy Education Consortium of Thailand (PECT). Another big drive for advancement came from the announcement of the Pharmacy Council of Thailand (PCT) in 2008 that, starting in 2014, all new pharmacy graduates who are able to enter national pharmacy license examination would have to graduate from pharmacy faculties accredited by the Council through the 6-year PharmD curriculum only.⁶⁷

Barriers

There were concerns about the higher costs of a longer period of time for study and an insufficient quantity and varying quality of PharmD preceptors and training sites. ⁶⁷

The 6-year PharmD curriculum

There are three tracks of PharmD in Thailand which are as follows; the pharmaceutical care PharmD which focused on patient care; the industrial pharmacy PharmD which is pharmaceutical product oriented, and the health consumer protection which focused on consumer protection mechanism regarding pre-marketing control, postmarketing control and consumer empowerment. 68-70



	US ^{19,38,43,45,52}	Japan ^{30,51,52,54}	South Korea ^{15,20,58,74}	Pakistan ^{21,33,60-62}	Thailand ^{81,82}		
Need for the transition To have a highly skilled clinical pharmacist to provide the pharmaceutical care and work with health care teams		To cope with the regulations that changes in the scope of pharmacy practice in their countries	To cope with the regulations that changes in the scope of pharmacy practice	To standardise the Pakistani pharmacy educational system and enable the graduates to work abroad	The 6-year PharmD will produce pharmacy graduates who had knowledge and skills needed by the job market.		
Previous programme	5-year Bachelor	4-year BPharm	4-year BPharm	4-year BPharm	5-year BPharm		
New programme	6-year PharmD (PC ^a)	6-year BPharm (PC ^a)	6-year programme (PC ^a , IP ^b)	5-year PharmD (PC ^a , IP ^b)	6-year PharmD (PC ^a , IP ^b , CP ^c)		
The difference between the previous and the 6-year curriculum	PharmD curricula were extended by one year that includes additional patient care coursework	The new 6-year BPharm programme focused on patient care.	The new programme increases the number of required courses in clinical pharmacy and training period.	Increase knowledge and practice in pharmaceutical care and the clinical pharmacy clerkship	The 6-year PharmD increased practice hours.		
Process of transition	In 1997, the ACPE ^c decreed that they would no longer accredit BPharm programmes in 2000 and all schools of pharmacy had to convert to the PharmD as the sole professional degree.	Proposed by the JPA ^e in 1973 and approved by the Council for Pharmaceutical Education in 2003.	The Ministry of Education and Human Resources Development of Korea reorganised the pharmacy programme in 2005. The new programme was fully implemented in 2009.	In 2004, the HEC ^r of Pakistan upgraded the 4-year BPharm to the 5-year PharmD programme in 2004.	Proposed by the PECT ⁸ and it was mandated by the PCT ^h for pharmacy licenses in 2008. All schools moved to the 6-year programme in 2010.		
Perceived barriers	Difficulties to provide adequate numbers of hospital-based preceptors.	Inadequate number of academic staff in clinical pharmacy and qualified preceptors.	There is need to build infrastructure for pharmacy practice experiences.	Limitations in pharmacy education and limitation of pharmacists' roles in clinical settings	Lack of long-term strategies for reasonable implementation		

^aPC = Pharmaceutical care; ^bIP = Industrial pharmacy; ^cCP = Consumer Protection; ^dACPE = Accreditation Council on Pharmaceutical Education; ^eJPA = the Japan Pharmaceutical Association; ^fHEC=Higher Education Commission; ^gPECT = Pharmacy Education Consortium of Thailand; ^hPCT = Pharmacy Council of Thailand



CONCLUSIONS

Each country has different needs due to the different contexts of health care systems that are related to the scope of pharmacy practice. The countries should consider their needs critically before they decide to adopt the PharmD programme, in order to increase and ensure the benefits they will get from the new programme. Each country created a different process to handle the transition to an all-PharmD programme, but mostly had the process of school accreditation mandated by the appropriate regulatory bodies (Table 3). The barriers to the transition in most of countries are insufficient numbers of academic staff and preceptors in the clinical pharmacy area; insufficient experienced preceptors and training sites; barriers to providing clinical pharmacy activities in some countries due to a high volume of prescriptions and

pharmacy workforce shortage. ^{18,28,52,54,55,58,60,62,63,67} Finally, there still needs to be a framework or a set of indicators to measure and monitor the impact/outcome of the PharmD degree. This set of indicators should be used as a feedback loop to evaluate whether the transition balances the impacts/outcomes that meet the needs of the adopting country.

CONFLICT OF INTEREST

All authors declared no conflict of interest.

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