

## International Symposium Challenges on Active Ageing

Workshop

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# *Religion, Islam and active ageing*

## Resumen

*Workshop desarrollado durante la celebración del I International Symposium Challenges en Active Ageing, celebrado en Málaga entre el 23 y el 27 de abril de 2012.*

*Este congreso fue organizado por la Facultad de Estudios Sociales y del Trabajo de la Universidad de Málaga, dentro de los actos del Año Europeo del Envejecimiento Activo y la Solidaridad Internacional. La RevistaeSalud.com ha querido apoyar este evento publicando los abstracts y resúmenes de las principales conferencias y convirtiéndose en el medio oficial de este Simposium.*

## Abstract

This workshop seeks to illuminate religiously informed values, and practice values; in addition to considering types of professional intervention that complement the generalised characteristics of Muslim elders. The scale of problems that impact upon Muslim elders in Britain are closely considered, specifically in relation to deprivation, social alienation and domestic violence. In addition, health issues are reviewed in terms of mental health and disability.

The concept of active ageing will be examined and critiqued for relevance to Muslim elders and participants will be engaged in reflecting on how this is in-

ternalised and expressed by them. The emphasis placed on economic, as well as social, productivity in active ageing (OECD, 1998) is, perhaps, indicative of the global spread of neoliberal market ideologies, although the World Health Organisation also emphasises quality of life issues (WHO, 2002). Moving from the dependency discourse created by older people's association with the Welfare State has been important in developing the active ageing discourse. What this means for Muslim elders in Britain will be explored.

